



## **Nitzanim Schedule**

**8:00-8:30** Arrival

**8:30-10:00** Exploration of Learning Centers

- Art
- Blocks
- Manipulatives
- Sensory
- Cooking
- Science
- Literacy
- Music
- Gross motor/small motor
- Project Work/Artist Study: Inspired by the Reggio Emilia Approach. Topics explored emerge from the interests of the classroom community.
- Liberal Arts:
  - Music
  - Physical Education

**10:00-10:30** Snack

**10:30-10:45** Diaper changing/toileting

**10:45-11:00** Morning Meeting

**11:00-12:00** Recess

**12:00-12:45** Lunch Diaper changing/toileting

**12:45** Morning Program dismissal

**1:00-3:00** Rest time

**3:00-3:30** Wake up

- Diaper changing/toileting
- Snack
- Exploration

**3:30** Full Day Program dismissal

**3:30-5:30** Tzaharon