



West Hartford Non-Public School Health Program

GUIDELINES FOR ADMINISTERING IBUPROFEN OR ACETAMINOPHEN (Age 10 and Up) 2026 - 2027 School Year

- A. Students, **10 years and older**, must have written authorization from a parent to receive Ibuprofen or Acetaminophen. A renewal is required **each** school year.
- B. Ibuprofen or Acetaminophen may be given for:
 - 1. Headache without fever
 - 2. Menstrual cramps
 - 3. Dental or Orthodontic pain
 - 4. Orthopedic or muscular discomforts
 - 5. Febrile illness – **temp >101 only** as a comfort measure while awaiting exclusion
- C. Medication is not to be given:
 - 1. For febrile illness – in an attempt to remain in school
 - 2. If student has taken medication within the previous **six (6)** hours
 - 3. To replace or postpone medical diagnosis or treatment
 - 4. If there is abdominal pain other than menstrual
- D. Sound nursing judgment should guide all decisions to give or withhold medications. History and assessment of the presenting problem should be obtained. Other comfort measures such as fluids, rest, cool compresses should be tried before resorting to medication.
- E. **Verbal** permission can be received from parent for first time dosing **followed** by completion of written permission form.
- F. PRN medications require professional nursing judgment and are to be dispensed by the school nurse and **not** the school personnel.
- G. If a student requests medications for the same complaint more than twice/day, four times/week or weekly for two consecutive weeks, or regularly fails to obtain relief from the medication given, the parent is to be notified to request medical evaluation.
- H. Permission forms will be filed in the student's CHR. Record of administration will be kept electronically.

Ann Milanese MD

March 15, 2026

Ann M. Milanese, MD

Medical Advisor

Date